

# The Lantern

St. Boniface said of St. Bede that 'he shone forth like a lantern.'



## Dear Everyone

I hope you have had great week. We have had a lovely day of weather and the children thoroughly enjoyed their playtimes in the sunshine. Our Y2 and Y6 children have been working particularly hard. Y6 children take their examinations next week, with it being Y2's turn the week after that.

The exams are important. We try to encourage the children to see them as an opportunity to show what they can do. I spoke to many Y6 children last year who told me that they were disappointed not to have a chance to take their SATS, which were cancelled due to the disruption caused to schools by the pandemic. We understand that most children will be a little anxious. We don't ask them to do their best. Instead, we encourage them to try and do their best. There is a subtle but important difference between the two.

The children are well prepared and we are confident they will excel—they certainly deserve to.

Mrs Roberts came across the words below and although I have emphasised here the importance of SATS, there are useful messages contained within what she is sharing with us and we would encourage you to read this with your Y6 child—especially if they have a wobble over the weekend.

**SATs don't measure sports,  
SATs don't measure art,  
SATs don't measure music,  
Or the kindness in your heart.  
SATs don't see your beauty,  
SATs don't see your worth,  
SATs don't see the reasons  
You were put on this earth.  
SATs don't see your magic,  
how you make others smile,  
SATs don't time how quickly  
You can run a mile.  
SATs don't hear your laughter,  
Or see you've come this far,  
SATs are just a tiny glimpse  
Of who you really are.  
So sitting at your table,  
with a pencil and your test,  
Remember SATs aren't who you are...  
Remember you're the best!**

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## **Dates for SATs and Assessments**

Year 6: SATS week commencing 9th May 2022

Year 2: SATS week commencing 16th May 2022

Year 1: KS<sub>1</sub> Phonics assessments to take place 6th—10th June 2022.

## **Jubilee Celebrations Update**

This year marks a very special anniversary as Her Majesty The Queen becomes the first British Monarch in history to celebrate a Platinum Jubilee, after 70 years of service.

To celebrate this momentous occasion, all primary school children across the country will receive a free commemorative book that celebrates the achievements of the United Kingdom and Commonwealth over the last 70 years.



## **Breakfast Club During SATS Week for Year 6**

We are running a breakfast club for our year 6 children, who are sitting their SATs examinations next week. Breakfast club not only fuels the children with energy for their tests, but it also helps them to enjoy time with their friends before they sit their tests, which can help to relax those who may be feeling a little nervous. From Monday to Thursday, the children have been invited to attend the club, which will be held in the school hall from 8.15am. We are asking the children to enter school via the Office gate, so they can come straight into the school hall. An e-form, giving your child permission to attend and inform us of any allergies, must have been completed in order for them to join in.

## **First Holy Communion**

Congratulations to Rafael, Tosia, Luke, Aiden, Rose, Patrick, Joshua, Chimamanda, Zachariah, Annaliese, Seamus, Logan, Chelsea, Ciara, and Dumebi, who are all making their First Communion on Sunday. Please keep them in your prayers.

May the sun shine on them and their families this Sunday!

# Multiplication Tables Check - June 2022

## 1. Do you have a child in year 4 at primary school?

If so, your child will be participating in the multiplication tables check in June. The purpose of the check is to determine whether your child can fluently recall their times tables up to 12, which is essential for future success in mathematics. It will also help your child's school to identify if your child may need additional support.

## 2. What is the multiplication tables check?

It is an on-screen check consisting of 25 times table questions. Your child will be able to answer 3 practice questions before taking the actual check. They will then have 6 seconds to answer each question. On average, the check should take no longer than 5 minutes to complete.

## 3. What if my child cannot access the check?

There are several access arrangements available for the check, these can be used to support pupils with specific needs. Your child's teacher will ensure that the access arrangements are appropriate for your child before they take the check in June.

The check has been designed so that it is inclusive and accessible to as many children as possible, including those with special educational needs or disability (SEND) or English as an additional language (EAL). However, there may be some circumstances in which it will not be appropriate for a pupil to take the check, even when using suitable access arrangements. If you have any concerns about your child accessing the check, you should discuss this with your child's head teacher.

## 4. Do I need to do anything to prepare my child for the check?

No, you do not need to do anything additional to prepare your child for the check. As part of usual practice, teachers may ask you to practise times tables with your child. Schools will have unlimited access to a try it out area from March. They can use this to make sure pupils have the necessary support required to access the check. This includes opportunities for pupils to familiarise themselves with the check application and try out any access arrangements that may be required.

## 5. How will the results be used?

Schools will have access to all their pupils' results, allowing those pupils who need additional support to be identified.

## 6. Will I receive feedback on my child's check?

Yes. Your child's teacher will share your child's score with you, as they would with all national curriculum assessments. There is no pass mark for the check.

## 7. Further information

Your child's teacher will be able to answer any questions about the multiplication tables check.

## PA Fundraising

### Ordering Queens Jubilee Class Tea Towels

Each year group has made portraits of themselves to add to a class tea towel. Please follow the link to place your orders!

<https://forms.office.com/r/xkyUkCHr8X> <<https://forms.office.com/r/xkyUkCHr8X>



### School Fete

The PA is again holding a summer fete at school—it will be on 2nd July. They would appreciate help from as many volunteers as possible—even for a small amount of time in order to help set up, run a stall or help tidy up at the end. For all those able to do, please complete this e-form: <https://forms.office.com/r/MCyMDVgqkT>

Please see the latest PA newsletter on Fronter.



Summer Music Concert

Thursday, 30th June 2022  
4pm  
School Hall

Year 5 & Year 6  
Choir & Instrumentalists  
A wonderful concert for parents to come along and hear  
our wonderful singers and musicians.



## "Cuppa with a Copper"



Our local Safer Neighbourhood Police Team are holding a pop in session for residents to go along and say Hi and have a chat.

Contact Sessions are taking place at The Harvester, High Road, Chadwell Heath. Please feel free to pop along.

Friday 13th May 2022 – 10am to 11am

Monday 30th May 2022 – 10am to 11am

Wednesday 15th June 2022 – 10am to 11am

Tuesday 5th July 2022 – 10am to 11am

Friday 22nd July 2022 – 10am to 11am

Monday 8th August 2022 – 10am to 11am

Chadwell & Seven Kings Safer Neighbourhoods Teams Chadwell

T : 020 8721 2562

# PUPIL CELEBRATIONS!

## **Friday's Top Table Dining**

The following pupils joined Mrs Roberts and me at the 'Top Table' for their lunch:

Year 1 – Oliver C– 1S—for working really hard on his maths

Year 2 – Emily—2D— for trying her best and working super hard in her maths lesson

Year 3 – Tosia—3C—for always showing kindness

Year 4 – Elijah 4K—for having a positive change in his learning

Year 5 – Kyros— 5S— for improved effort in writing

Year 6 - Ava-Leigh—6N—for huge improvement in all areas

Well done to all of you!

## **Lantern Certificates – youngest to oldest**

Joshua A, Keagan, Darry, Chisom, Kavina, Arminas, Luke R, Adrian, Divine, Ziva, Natalie M and Ethan D.

## **Headteacher Awards from youngest to oldest**

Dylan, Kayshanna, Uriah, Daniel A and Summer.

## **Birthdays To Celebrate**

Jeremiah and Zuzanna.

## **This week's 'Shout Out'**

To Mr Peter, for finally getting Mr Nott's new circus poster up on to the wall in his new office Hurrah!

## Weekly Reflection, with Mrs Mackie

Blessings and prayers for this week



May is a lovely month. There are buds and blossoms on trees and the weather is beginning to get warmer. It is also a special month for us, as it is a month when we remember Mary, the mother of us all.

It is not clear why May was chosen to honor Our Lady, but many believe that May being the month when spring is in full bloom has a lot to do with it. This new beginning, and new birth in nature, reminds us of the life Mary gave to Jesus. Without Mary giving birth to Jesus, we would not have had the events that followed: Jesus' life, death, and resurrection. So, it's believed that May (when nature is showing signs of life) is the ideal month to celebrate the woman who gave life to our Savior.

We are encouraged to say the Rosary throughout the month. The Rosary is divided into four sets of mysteries: Joyful, Luminous, Sorrowful and Glorious. Here at St Bede's, the children are saying their own version of the decade of the Rosary according to their age: our wonderful Guardian Angels are leading the worship in their classes. In Rosary Club (which we began on Tuesday), we all shared our personal intentions for those who needed our prayers.

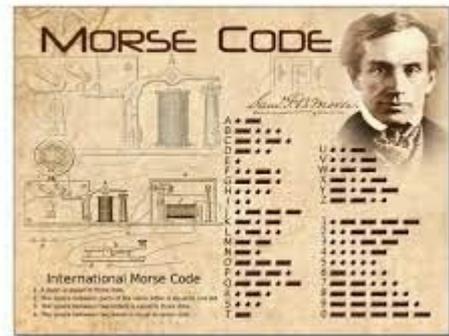
Please encourage your children to bring in their rosaries to give them more confidence in how to say this wonderful prayer. I will also put the details on how to say the Rosary in the reflection room, so you can share this beautiful prayer at home.

Next week our prayers will be for the children and staff of Year 6.

Prayers and Blessings

Mrs Mackie

## Famous Mathematicians



Did you know...

Morse code was invented by an American called Samuel Finley Breese Morse, (1791-1872).

Before the invention of the telegraph, most messages that had to be sent over long distances were carried by messengers who memorized them or carried them in writing. These messages could be delivered no faster than the fastest horse. Messages could also be sent visually, using flags and later, mechanical systems called semaphore telegraphs, but these systems required the receiver to be close enough to see the sender, and could not be used at night.

The telegraph allowed messages to be sent very fast over long distances using electricity. The first commercial telegraph was developed by William Forthergill Cooke and Charles Wheatstone in 1837. They developed a device which could send messages using electrical signals to line up compass needles on a grid containing letters of the alphabet. Then, in 1838, Samuel Morse and his assistant, Alfred Vail, demonstrated an even more successful telegraph device which sent messages using a special code - Morse code.

Telegraph messages were sent by tapping out the code for each letter in the form of long and short signals. Short signals are referred to as dits (represented as dots). Long signals are referred to as dahs (represented as dashes). The code was converted into electrical impulses and sent over telegraph wires. A telegraph receiver on the other end of the wire converted the impulses back into to dots and dashes, and decoded the message.

In 1844, Morse demonstrated the telegraph to the United States Congress using a now famous message "What hath God wrought".

The most well-known signal sent using Morse Code is:

...- - - . . .

and is the distress signal SOS.

Morse code requires the time between dits and dahs, between letters, and between words to be as accurate as possible.

Mrs Roberts

### **Sweets At The School Gates**

Although we are more than happy for children to bring sweets in to school for class mates class when it is their birthday, we do politely ask that no sweets are given out at the school gates. We are unable to monitor any allergies there.

We are grateful for your understanding.

### **Childhood Infections—Letter from UK Health Agency**

We have received a letter from the UK Health Agency informing us of a recent increase nationwide in routine infectious diseases, such as Chickenpox and Scarlet Fever.

Both infections are considered to be common, mild and of low public risk.

However, for further information please use the links below.

<https://www.nhs.uk/conditions/chickenpos/>

<https://www.nhs.uk/conditions/scarlet/>

### **Mental Awareness Week**

Mental Health Awareness Week is happening between 9th and 15th May 2022. The theme is 'Loneliness' and, across the week, we will be encouraging all to build even more meaningful connections with friends, family, colleagues and communities.

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# **Mental Health Awareness Week**

**9th–15th May 2022**

**#IveBeenThere**

**Theme for 2022: Loneliness**

- ⇒ Loneliness remains a key indicator of poor mental health.
- ⇒ Long-term feelings of loneliness has been shown to be associated to poor mental health and poorer physical health outcomes.
- ⇒ The pandemic has brought us all closer to loneliness: during lockdown, loneliness was found to be 3 times higher than pre-pandemic levels.

## **How can you raise awareness at home?**

**RAISE AWARENESS:** help people to understand links between loneliness and mental health.

- ⇒ **OPEN AND INVITE** conversations about mental health: actively check in on those around you at work and in your community.
- ⇒ Take time for yourself to look after your own mental health.

## **Support: Crisis helplines**

Where can I get support for my mental health?

- ⇒ Contact your GP.
- ⇒ Call a crisis helpline: Samaritans 116123.
- ⇒ Call Young Minds Helpline on 0808 802 5544 (open from 9:30am - 4pm, Monday – Friday).
- ⇒ Remember St. Bede's door is always open for you—**YOU ARE NOT ALONE.**