

PSHE

Year 3 - Typical Expectations for each level

<ul style="list-style-type: none">• I can explain why it is important to have rules and how that helps me and others in my class learn. I can explain why it is important to feel valued.• I can tell you how being involved with a conflict makes me feel and can offer strategies to help the situation.• I am confident and positive when I share my success with others. I can explain how these feelings can be stored in my internal treasure chest and why this is important.• I can express how being anxious/ scared and unwell feels.• I can explain why my choices might affect my family, friendships and people around the world who I don't know.• I recognise how I feel about these changes happening to me and can suggest some ideas to cope with these feelings.	3a
<ul style="list-style-type: none">• I can explain how my behaviour can affect how others feel and behave.• I can describe different conflicts that might happen in family or friendship groups and how words can be used in hurtful or kind ways when conflicts happen.• I can explain the different ways that help me learn and what I need to do to improve.• I can identify things, people and places that I need to keep safe from, and can tell you some strategies for keeping myself safe and healthy including who to go to for help.• I can explain how my life is influenced positively by people I know and also by people from other countries.• I can explain how boys' and girls' bodies change on the outside during the growing up process and can tell you why these changes are necessary so that their bodies can make babies when they grow up.	3b
<ul style="list-style-type: none">• I can explain how my behaviour can affect others.• I can describe different conflicts that might happen in family or friendship groups.• I can explain the different ways that help me learn.• I can identify things, people and places that I need to keep safe from.• I can explain how my life is influenced positively by people I know.• I can explain how boys' and girls' bodies change on the outside during the growing up process.	3c