

## PSHE

### Year 6 - Typical Expectations for each level

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| <ul style="list-style-type: none"><li>• I can empathise with others in my community and globally and explain how this can influence the choices I make.</li><li>• I can show empathy with people in situations where their difference is a source of conflict or a cause for celebration.</li><li>• I can explain what motivates me to make the world a better place.</li><li>• I can identify and apply skills to keep myself emotionally healthy and to manage stress and pressure.</li><li>• I can explain the feelings I might experience if I lose somebody special and when I need to stand up for myself and my friends in real or online situations. I can offer strategies to help me manage these feelings and situations.</li><li>• I recognise how I feel when I reflect on becoming a teenager and how I feel about the development and birth of a baby.</li></ul> | 6a |
| <ul style="list-style-type: none"><li>• I can explain how my choices can have an impact on people in my immediate community and globally.</li><li>• I can explain ways in which difference can be a source of conflict or a cause for celebration.</li><li>• I can explain different ways to work with others to help make the world a better place.</li><li>• I can explain when substances including alcohol are being used anti-socially or being misused and the impact this can have on an individual and others.</li><li>• I can identify when people may be experiencing feelings associated with loss and also recognise when people are trying to gain power or control.</li><li>• I can describe how a baby develops from conception through the nine months of pregnancy, and how it is born.</li></ul>  | 6b |
| <ul style="list-style-type: none"><li>• I can begin to explain how my choices can have an impact on people in my immediate community.</li><li>• I can start to explain ways in which difference can be a source of conflict or celebration.</li><li>• I can understand when substances including alcohol are being used anti-socially.</li><li>• I can begin to describe how a baby develops from conception through pregnancy, and how it is born.</li></ul>   | 6c |