



St. Bede's Catholic Primary School

P.E 2023-2024



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Dance (Action Words)	Gymnastics & Games	Games (Fundamentals)	Dance (Weather)	Gymnastics (Rock n Roll)	OAA - Trails, Trust & Teamwork
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 2	Dance - Great Fire of London	Gymnastics and Games	Games (Fundamentals)	Dance – magical friendships	Gymnastics (Ball, Tall & Wall)	OAA - Trails, Trust & Teamwork
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	Dance – Solar System	Gymnastics – Movement and Patterns Games – Ball Handling Skills	Games Striking and Fielding	Athletics (Challenges)	Gymnastics (Hand Apparatus)	OAA - Cooperation Communication & Consideration
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 4	Dance – Cold Places	Gymnastics (principles of balance) Invasion Games	Net Games	Gymnastics (Rotation)	Athletics – Pentathlon	OAA - Cooperation Communication & Consideration
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 5	Dance – On the Beach	Gymnastics Invasion games	Games: netball	Athletics – Heptathlon	Gymnastics (Press and Go)	OAA - Cooperation and Communication & Consideration
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 6	Dance - Football Dance	Gymnastics/Games (hockey)	Invasion Games (tag rugby)	Athletics - Decathlon	Gymnastics (Group Work)	OAA- Co-Operation, Communication & Consideration

“Shine like a lantern in the presence of the Lord”